

Service Opportunity for Junior High Students

Just 5 Days

This year we are excited to offer Junior High students the chance to attend an overnight service experience for the first time. **Just 5 Days** is a program run by the Center for Ministry Development, a national organization which also runs the High School Young Neighbors in Action program. **Just 5 Days** is a Monday-Friday service week which gives young teens a chance to do in-depth service to their community. Each day is a combination of service work, community building among the teens who attend, and prayer experiences.

St. Colette will be attending the week held in St. Joseph, Michigan, from July 9-13th, 2018. St. Colette is subsidizing the cost for any students that want to attend; your cost would be \$150. Additional scholarships are available so please ask!

Save the Date: We will be hosting a parent info meeting during our Junior High Youth Group meeting on **Thursday, January 18th, 2018.**





What a Typical Day at Just5Days is Like

7:30am Wake-up
8:30am Breakfast
9:00am Morning Prayer Service
9:30am Depart for Service Sites (lunch at service sites)
3:00pm Return to Just5Days Site (Shower/Down time)
5:00pm Gather to Share About the Service Sites
5:30pm Dinner
7:00pm Evening Just5Days Program
8:30pm Evening Social Time
9:30pm Evening Prayer Service
10:00pm Get Ready for Bed

FAITH is the heart of Just5Days. This year's Just5Days theme focuses on the example of the Saints and their service to others. Summer 2017, middle schoolers will discover how Pope Francis challenges everyone to the vocation of becoming a Saint.

SERVICE during Just5Days has youth engaging in direct, hands-on work that meets real needs of people in the local community. Service sites include working with the elderly, people with disabilities, families living in low income housing, community soup kitchens, outdoor work, and assisting various nonprofit charitable organizations.

PRAYER begins and ends each day of Just5Days. Youth are encouraged to help lead and participate in communal prayers by proclaiming the Scriptures and sharing their voices in song. Liturgy of the Eucharist is celebrated together as a community on the last day of Just5Days.

COMMUNITY building during Just5Days is fostered through high-energy and age appropriate activities, group projects, games, and small group discussions. Daily activities are designed just for middle schoolers with plenty of engaging and creative opportunities to learn.

CATHOLIC is who we are! Just5Days draws directly from the teachings of our faith, Sacred Scriptures, the words of Pope Francis, and the many saintly and holy men and women who follow Jesus' example to serve with love. Just5Days introduces middle schoolers to Catholic social teaching and helps them to better understand how their faith calls them to serve others compassionately and to work for justice.