

**2018 Lent & Triduum Schedule
St. Colette Catholic Church**

This year the Lenten Season begins on Ash Wednesday, February 14 and ends on Holy Thursday, March 29. The annual observance of Lent prepares us for the celebration of the Paschal Triduum (Holy Thursday evening until Easter Sunday) and the fifty days of the Easter Season. All Christians are called to use Lent as a time to renew their baptismal calling as Christ's disciples in the world. We do this during Lent with prayer, works of charity, and almsgiving.

This flyer contains important information of all the scheduled services and programs offered in our parish during Lent and the Triduum. Please mark your personal calendar and schedule your participation in these activities during the upcoming weeks.

During Lent we are encouraged to practice the discipline of almsgiving. This year we have the opportunity of doing so by supporting the following charities: Food for the Poor, Sr. Judie Ann, Loaves and Fishes, St. Al's Outreach, St. Christine Outreach, the Ecuador Project and Manna Community Meals. If you choose to donate, please return the enclosed envelope with your monetary donation on Ash Wednesday or anytime during Lent.

May God bless us with the opportunity for a prayerful Lent and a joyful celebration of Easter.

Fr. Gary Michalik & the Parish Staff

SEASON OF LENT

Ash Wednesday – February 14

A day of Fast and Abstinence from eating meat.

Imposition of Ashes during

9:00 am Mass, 12:15 & 4:30pm Services & 7:00pm Mass

Church open during the day for private prayer.

Fridays of Lent

Days of Abstinence from eating meat

Mass Schedule

Saturdays at 4:00 and 5:30pm

Sundays at 8:00, 9:30, 11:00am and 12:30pm

Tuesdays & Fridays at 9:00am

Wednesdays at 9:00am & 7:00pm

Holy Hour for Vocations

With Exposition & Benediction of the Blessed Sacrament

Sunday, March 4, 1:30 – 2:30 pm in church

Family Service Day

Sunday, March 18, 2:00 – 4:00pm in the Activities Center

Stations of the Cross

Fridays, February 16, 23, March 2, 9, 16, 23

7:00pm in church

Sacrament of Reconciliation

Individual Confessions at 2:00 pm in church

Saturdays, February 17, 24, March 3, 10, 17, 24

Livonia Parishes Communal Penance Services

with Individual Confession

Saturday, March 24, 1:00 pm at St. Edith Church

Monday, March 26, 7:00pm at St. Aidan Church

Palm Sunday of the Lord's Passion

Saturday, March 24

4:00 and 5:30 pm Masses

Sunday, March 25

8:00, 9:30, 11:00am and 12:30 pm Masses

SACRED PASCHAL TRIDUUM

Holy Thursday

March 29

7:00pm Mass of the Lord's Supper
(Incense will be used during this Mass.)
Adoration in the Chapel until 11:00pm

Good Friday

March 30

A day of Fast & Abstinence from eating meat.

12:15pm Stations of the Cross
12:45pm Celebration of the Passion of the Lord
2:15 pm Youth Passion Pantomime

Holy Saturday

March 31

Fasting and/or Abstinence are encouraged.

11:00am & 1:30pm Blessing of Food

No 2:00pm Confessions

No 4:00 & 5:30 pm Masses

8:00pm Easter Vigil Mass

(Incense will be used during this Mass.)

Easter Sunday

April 1

Masses at

8:00, 9:30, 11:00am and 12:30pm

(Incense may be used at these Masses.)

Guidelines for Lenten Fasting and Abstinence

During the Season of Lent all Catholics are obligated to practice the disciplines of fasting and abstinence. We practice these Lenten disciplines as a means of doing penance.

The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening (the order of meals is optional). The law of fasting also requires no eating of food between meals. The quantity of food taken at the two lesser meals shouldn't exceed the quantity at the full meal. Drinking ordinary liquids does not break the fast. Fasting is to be observed by all Catholics from the completion of their 18th year to the beginning of their 60th year.

The law of abstinence forbids the eating of meat, but not of eggs, the products of milk or condiments made of animal fat. Permissible are soups, gravy and sauces flavored with meat. Abstinence is to be observed by all Catholics from the completion of their 14th year – from the day after their 14th birthday – and throughout life.

Ash Wednesday (and Good Friday) are days of fasting (eating only one full meal, two lesser meals, and no eating between meals) and days of abstinence (no eating of meat). The Fridays of Lent are days of abstinence from eating meat. These days of fasting and abstinence are binding only to those in good health. For more information about these Lenten regulations call the Archdiocesan Worship Office at 313-237-5934.